

The plan built to help you stay healthy and save money.

Welcome to wellness!

Your benefit plan provides you with easy, interactive programs and tools to help manage your care and get healthier. We want to make it easier for you to stay engaged in your health.

Sign up to get:

UnitedHealthcare Motion®

A wearable activity tracker that rewards you for meeting walking goals. Each enrolled employee and covered spouse can earn up to \$1,095 per year to help pay for qualified out-of-pocket medical expenses.



Complete virtual care from your mobile device. Skip trips to the clinic with 24/7 access to doctors who can diagnose, treat and prescribe with no copays. Potentially save money by comparing pricing for procedures and prescriptions. Use the app to view your deductible in real time.



A fun, personalized digital experience designed to make getting healthy easier. Learn your Rally Age and get custom recommendations to help you meet your health goals.

Myallsaversconnect.com

Access to your health plan 24/7. A personalized website that helps you easily access and manage your health plan with:

- Find network doctors, hospitals and facilities.
- Check your claims status.
- Check your coverage.
- Get a list of covered prescription drugs.



Don't have access to a computer, need language assistance or want to talk to us?

Call our Customer Care Advocates at **1-800-291-2634**.



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UnitedHealthcare Motion is a voluntary program. The information provided under this program is for general informational purposes only and is not intended to be nor should be construed as medical advice. You should consult an appropriate health care professional before beginning any exercise program and/or to determine what may be right for you. Receiving an activity tracker and/or activation credit may have tax implications. You should consult an appropriate tax professional to determine if you have any tax obligations from receiving an activity tracker and/or activation credit under this program, as applicable. If any fraudulent activity is detected (e.g., misrepresented physical activity), you may be suspended and/or terminated from the program. If you are unable to meet a standard related to health factor to receive a reward under this program, you might qualify for an opportunity to receive the reward by different means. Contact us by email at <mailto:unitedhealthcaremotion@uhc.com> or call 1-855-256-8669, TTY 711, and we will work with you (and, if necessary, your doctor) to find another way for you to earn the same reward.

Rally Health® provides health and well-being information and support as part of your health plan. It does not provide medical advice or other health services, and is not a substitute for your doctor's care. If you have specific health care needs, consult an appropriate health care professional. Participation in the Health Survey is voluntary. Your responses will be kept confidential in accordance with the law and will only be used to provide health and wellness recommendations or conduct other plan activities.

Administrative services provided by United HealthCare Services, Inc. or their affiliates. Stop-loss insurance is underwritten by All Savers Insurance Company (except MA, MN and NJ), UnitedHealthcare Insurance Company in MA and MN, and UnitedHealthcare Life Insurance Company in NJ. 3100 AMS Blvd., Green Bay, WI 54313, 1-800-291-2634.

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